

*HerCsuite*TM

LEADER SERIES



Hope Mueller,
Principal H2M

How Persistence
WILL OPEN DOORS FOR YOU



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Find your path

OBJECTIVES

- Discover how you can use persistence to your advantage.
- What does it mean to overcome huge life obstacles?
- How to choose the positive path to life.

Core Life Principles

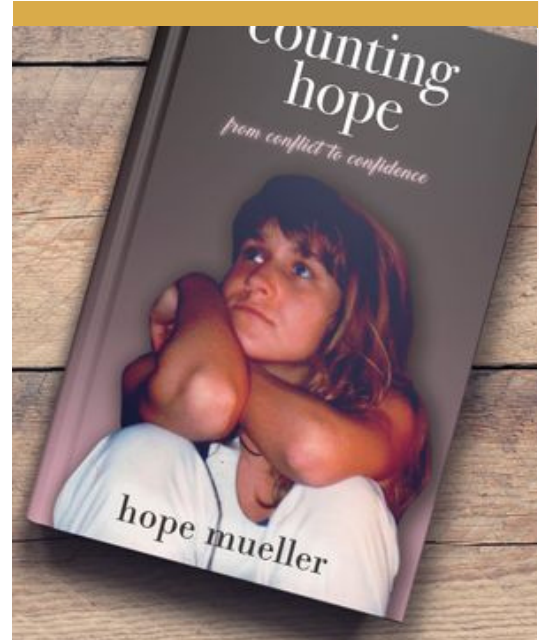
Be comfortable with change.

In her book, Hope faced constant change and she learned quickly how to adapt to any situation.

Be solutions-focused. There is always a solution.

Persistence will Open Doors.

“Just keep going, because someone will come and open the gate.”-Hope Mueller.



NOTES

Life Lessons

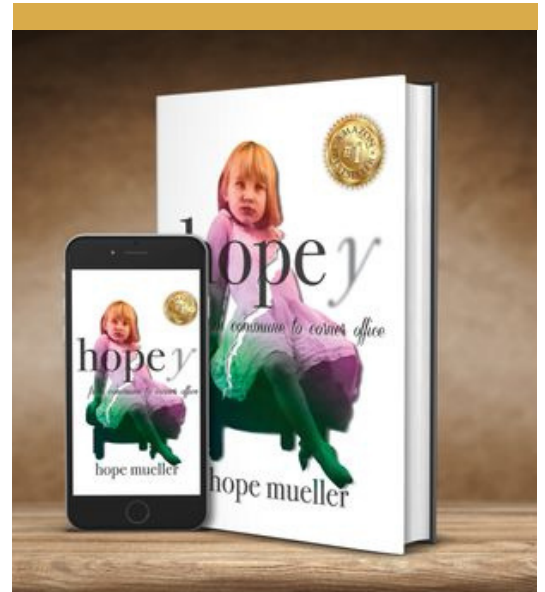
Overnight success takes 10 years. If you are clear on what you want to achieve and keep driving towards it you will arrive.

Be present in what you are doing. Hope uses this technique: “Be here now; Now be here” that she picked up from her time in the Commune. By being fully present in the moment, you will find greater enjoyment in your life.

Do what you are good at doing and lean into your strengths.

Honor your time. Set aside time and be fully present in those moments.

Make time for what is important and stay focused. Hope is a successful leader, author, launched a charity, sits on a few boards, is a mother of four, and getting her MBA. She attributes her ability to balance so many demands by honoring the time she allocates to an activity.



NOTES

THIS IS YOUR TIME TO TAKE ACTION

- 01. Ask for whatever it is you want. Don't be afraid to try new things.

- 02. People want to help. Most people will agree to meet with you because they want to share and make a difference.

- 03. Decide before having a discussion on what is the value of meeting. Determine what you can learn from them.

- 04. When you are getting ready to ask for advice or network, have 3 questions prepared. Focus on listening first before speaking.

- 05. The good stuff happens when you are outside of the comfort zone. Lean into your strengths. Just go for it.

NOTES

NOTES / BRAINSTORMING PAGE

About Hope Mueller:

Hope Mueller is an author, inspirational speaker, executive, and active non-profit volunteer who is passionate about career development and community service. Marked by the experiences on a hippie commune in her early years, Hope's unique childhood conceived her gift of creating order out of chaos. She lives with her husband in northern Illinois and actively parents her four daughters through the phases of their lives.

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